

2022 - ISSUE 03

STAY CONNECTED

Official Newsletter of Connect Group Inc.



PROJECT HIGHLIGHT: LAUNDER CHUTE REPLACEMENT



We wanted to highlight the execution of the launder chute replacement project completed in May.

The project scope was to remove the existing launder chute on the pump box and replacing it with a new one.

Connect Group's execution schedule was below any previous completed project of this scope and exceeded the clients expectations.

To read more on this project see Page 06!

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HEALTH, SAFETY & ENVIRONMENT

Mental Health

BRYAN GETSON

“Mental health” is a concept similar to “physical health”: it refers to a state of well-being. Mental health includes our emotions, feelings of connection to others, our thoughts and feelings, and being able to manage life’s highs and lows.

Everyone has mental health and will experience challenges regarding their mental well-being, but not everyone will experience a mental illness.

·Mental illness indirectly affects all Canadians at some time either through their own experience, or that of a family member, friend or colleague.

·In any given year, 1 in 5 people in Canada will personally experience a mental health problem or illness.

·By age 40, about 50% of the population will have or have had a mental illness.

·Mental illness affects people of all ages, education, income levels, and cultures.

There is also an economic cost when mental illness and substance use problems go untreated and when we fail to invest in promotion, prevention, and other support services.

·The economic cost of mental illnesses to the Canadian healthcare and social support system was projected as \$79.9 billion for the year 2021. (statscan.gc.ca)

A few of the Top stressors that can affect mental health are:

- Financial situation (38%)
- Personal health (26%)
- Social isolation (12%) – Covid related



Some things we can do to help ourselves with mental health:

- Be kind to yourself – Make self-care a priority
- Be self-aware – understand that we all have ups and downs.
- Create boundaries – Avoid over exposure to social media and news outlets
- Pay attention to daily health basics – Hydrate, get enough sleep, proper nutrition, and lifestyle choices all factor in.
- Make movement a priority – Stretching, walking, sports, all have positive impact on our mental wellbeing.
- Maintain social connections – socializing is a healthy means to relieve stress, gain different perspectives, and connect on a human level.
- Relax – There are times when we all need to just turn off our cell phones and relax.

SPEAK UP – STUDIES HAVE SHOWN THAT JUST BY TALKING ABOUT ISSUES/CONCERNS HELPS ALLEVIATE THE IMPACT ON A PERSON’S MENTAL HEALTH.

Focus on RMWB

Social Responsibility with Jesse Johnson

As all of our personnel are aware, the majority of our clients, projects and business are situated in the Regional Municipality of Wood Buffalo. Fort McMurray is obviously the economic, cultural and political hub of the region but, by no means, the sole community. Wood Buffalo is a culturally diverse and socially inclusive municipality in which arts and heritage are vital to its social, economic, and environmental well-being. UNESCO defines culture as "that complex whole which includes knowledge, beliefs, arts, morals, laws, customs, and any other capabilities and habits acquired by [a human] as a member of society." More recently UNESCO and other international bodies have emphasized the importance of social inclusion in nurturing cultural development, expression and preservation. The definition is broad, yet it speaks to Wood Buffalo as a region given its cultural diversity, landscape and history.

According to its website, the Fort McMurray Public School Division's students and staff hail from 72 different countries, speaking 84 languages. A further 36 Indigenous cultures are also represented in the learning community. Last year, the Northern Lights Regional Health Centre added a Halal menu, making it the only hospital outside of Calgary or Edmonton to offer the dietary option that meets the needs of the Islamic faith. Census 2018 recorded an overall population of 111,687, which is a decrease of 10.67 percent over the 2015 population of 125,032. The total permanent population is 75,009 and the total shadow population is 36,678, a decrease of 14.9 percent from 2015. The average income in Wood Buffalo is one of the highest in Canada. The median age is 33 and the population is becoming increasingly diverse, factors that also suggest that arts and heritage activities may be both desired and supported by a population which is projected to grow by 20,000 by 2022.

As a company with extensive operations in the RMWB, Connect Group takes the subject of social responsibility seriously. We have the responsibility to support and foster the communities we live and work within. Our economy cannot thrive without collaboration, without the wellspring of ideas and improvements and revolutions that come from communities of people in boardrooms, on job sites, in shops, in coffee shops, and in kitchens across our communities and across the world. While a light bulb may go off in solitude, it takes a community to execute. The stronger our communities become, the more power we have to impact positive change. With that in mind, Connect Group Inc. has taken steps in becoming an active community participant and contributor in the RMWB. There are several initiatives, opportunities and points we would like to make you aware of. CGI has partnered with Athabasca Tribal Council on volunteer and support opportunities and will continue to foster this relationship in the RMWB. Future volunteer opportunities will be posted as they come available. The Arctic Winter Games will be held in the RMWB in 2023.

The CGI executive team is working on a plan on how best to utilize our resources to contribute. Details to come as they develop! Connect Group has established a brick-and-mortar field services location in Taiganova, Fort McMurray as we feel it is incumbent upon us to operate portions of our business in the regions we execute our work, thereby supporting the economy and community. We are now expanding into a second bay at the Taiganova location. In that same vein, our field services managers have been engaged as part of this process and transition. CGI has therefore leased two condo units in the Timberlea neighbourhood of Fort McMurray for use by these managers. This will further solidify our commitment to supporting the community and economy of Fort McMurray. Although these managers are subject to extremely long hours on site, we appreciate the efforts in residing in these units in Fort McMurray in order to support local economy and foster relationships in the community!

Highly recommended website

www.rmwb.ca/en/index.aspx

for more information on RMWB

"AS A COMPANY WITH EXTENSIVE OPERATIONS IN THE RMWB, CONNECT GROUP TAKES THE SUBJECT OF SOCIAL RESPONSIBILITY SERIOUSLY. WE HAVE THE RESPONSIBILITY TO SUPPORT AND FOSTER THE COMMUNITIES WE LIVE AND WORK WITHIN."

FABRICATION HIGHLIGHTS

Mike Quiring

Fabrication & processing during the 2nd quarter of 2022 proved to be in-line with the forecast of increasing market activities. The facility was busy throughout the quarter with both internal and external projects on the go. Our CNC lines have been running continuously to support new and existing clients, over 114 tonnes (250,000 lbs) were processed through our machines with another 27 tonnes (58,000 lbs) currently in the works.

New field projects have kept our fabrication team extremely busy supporting multiple projects. Tight timelines have put our team and capabilities to the test, our facility and field services crews have both shown that not only are we up to the challenge but we can and will execute scope requirements to meet Client demands.

Aristotle once said and I quote "Pleasure in the job puts perfection in the work", we all take pride in our work, aim to please and push the limits of our capabilities while maintaining top quality products and services, these efforts do not go unnoticed by our valued Clients and the CGI team as a whole.



THE LOWDOWN ON THE FABRICATION SHOWDOWN:

- WELDING/CUTTING GAS RACKS (X2)
- SUNCOR BREAKER TIRE FABS
- SUNCOR BREAKER HOOD FRAME FAB
- RETURN ROLLER JIGS (X12)
- SYNCRUDE TR2 SECONDARY WETTING CHUTE DOORS
- CHAIN STANDS (X2)
- MATERIAL BASKETS (X4)
- TAIL END PLATFORMS (X2)
- CHAIN SOFTENERS (X2)
- WINCH BRACKETS (X2)



EMPLOYEE HIGHLIGHT

YONGHO HWANG IRONWORKER WELDER



We are pleased to recognize Yongho Hwang for his work ethic, safe work practices and overall excellence in every aspect of his trade. Yongho began working with Connect Group inc. in the summer of 2019, but originally started his welding career in 2001, in the shipyards of Korea. Yongho moved to Canada in 2011 and continued his welding career gaining his Journeyman Red seal Welder, B-Pressure, and an impressive array of certifications throughout his years as a Local 720 Ironworker.

Recently, Yongho was a critical resource when CGI was tasked with an additional piping scope inside of plant 24 on the CNRL site. CGI was essentially requested to help with the replacement and weld-out of a section of 36" pipe beyond our initial scope. It is to the credit and capabilities of our workforce, like Yongho, that we can execute additional complex scopes and complete them safely and under expected timelines.

We asked Yongho what he enjoys most about Connect Group and he stated that "the team delivers great communication, clear direction, and I know there is lots of opportunity and work to come in the near future".

Yongho Hwang, thank you for your positive attitude, reliability, and active participation in the growth of Connect and everything we accomplish as a team.

EXECUTION HIGHLIGHT

Reno Benoit

This project didn't come without its challenges, weighing over 100,000 lbs, with less than inches to spare between the structure and the box, compromised structural integrity, there was no room for error lifting the old launder chute out and installing the new one.

Despite all the challenges, the CGI team was able to execute this project flawlessly without injury and ahead of schedule. From the management level all the way to the craft, the team demonstrated that no task was too big for them, this project was extremely well managed and the craftsmanship demonstrated was unmatched.

The way this project was executed left a great impression of CGI on the client and created a great new relationship between the organizations. This was the first project at CNRL and the team didn't disappoint. Great feedback was received from the client about the professional and safe execution from the CGI team. Something to be proud of.



Onboarding Profiles

Please be sure to have all of your tickets and onboarding information updated in BISTrainer.

To utilize the phone app please download "SafeTapp - V2"

If you need help please contact Onboarding at 780-809-2881 or onboarding@connectgi.com

OUR COMMUNITY

Athabasca Tribal Council
Cultural Festival
Sept 08 -11, 2022

The mission of the Athabasca Tribal Council Cultural Festival is to deliver a festival that showcases, celebrates and fosters the development of Northern Alberta's diverse and distinctive Indigenous, arts and culture.

CONNECT PROGRESSIVE ABORIGINAL RELATIONS (PAR) UPDATE:

PAR Committed companies are in the beginning stages of tracking and managing their Aboriginal relations strategies. Committed companies have submitted a report for one year's worth of company activities and intend to undergo external verification of their performance in the future. The Committed logo represents a company's commitment to continual improvement in Aboriginal relations and to working across cultures.

Cultural Festival

The ATC Cultural Festival 2022 will build on the success of the inaugural festival that took place in 2019. We will be hosting Indigenous artists and performers from the region, along with guest artists for four days of spectacular arts and cultural programming.

The ATC Cultural Festival offers participants engaging and inspiring opportunities highlighting collaboration, artistic development, mentorship, and cultural revitalization. Hosted by Athabasca Tribal Council, this will be a gathering and celebration that welcomes all cultures. The ATC Cultural Festival will be both an important community event, and a new cultural tourism attraction for Wood Buffalo.

The inaugural three-day festival will include free concerts and activities that are open to the public as well as 20+ workshops and seminars for artists and the public.

Registration for the workshops, sponsored by Fort McKay First Nations, is open now at www.atcculturalfestival.ca/workshops-more.

As well, 100+ local, national, and international Indigenous artists and performers, an exhibition gallery and gift shop featuring work by local and national artists, a round dance and tea dance with a community feast, artist demonstrations and cultural presentations, and mainstage shows.

More information can be found here:
www.atcculturalfestival.ca/





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connectgi.com
[Linkedin.com/company/3165511](https://www.linkedin.com/company/3165511)

Watch for our next edition in 2022

Questions for us? 780.701.3881 or info@connectgi.com



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